

## WEEK1

- MONDAY MAC & CHEESE
- TUESDAY CURRY & RICE
- WEDNESDAY CHICKEN PASTA
- THURSDAY VEGETABLE CHICKEN STEW
- FRIDAY HOTDOGS (WW STRIPS)

## WEEK 2

- MONDAY MAC & CHEESE
- TUESDAY SPAGHETTI BOLOGNESE
- WEDNESDAY VEGETABLE CHICKEN STEW
- THURSDAY CHICKEN PASTA
- FRIDAY HAMBURGERS (WW NUGGETS)

## BABY BEAR CLASS

- MONDAY
   BUTTERNUT / PUMPKIN
- TUESDAY Gem Souash
- WEDNESDAY CARROT & POTATO
- THURSDAY
   SWEET POTATO
- FRIDAY
  GREEN BEANS & POTATO

