



OKIDOKI KIDZ MENU

BREAKFAST

Oats or Maize Porridge

TEA TIME

Parents supply Nutritional Snacks

LUNCH

MONDAY

Macaroni and Cheese with Bacon

TUESDAY

Chicken Stew with Carrots and Potatoes on rice

WEDNESDAY

Hotdogs or Hamburgers

THURSDAY

Spaghetti (or Rice) with Mince and Mixed Vegetables

FRIDAY

Fish Fingers / Small Pie / Chicken pops with chips or salad.

AFTERNOON TEA

Parents supply Sandwiches with Fruit

